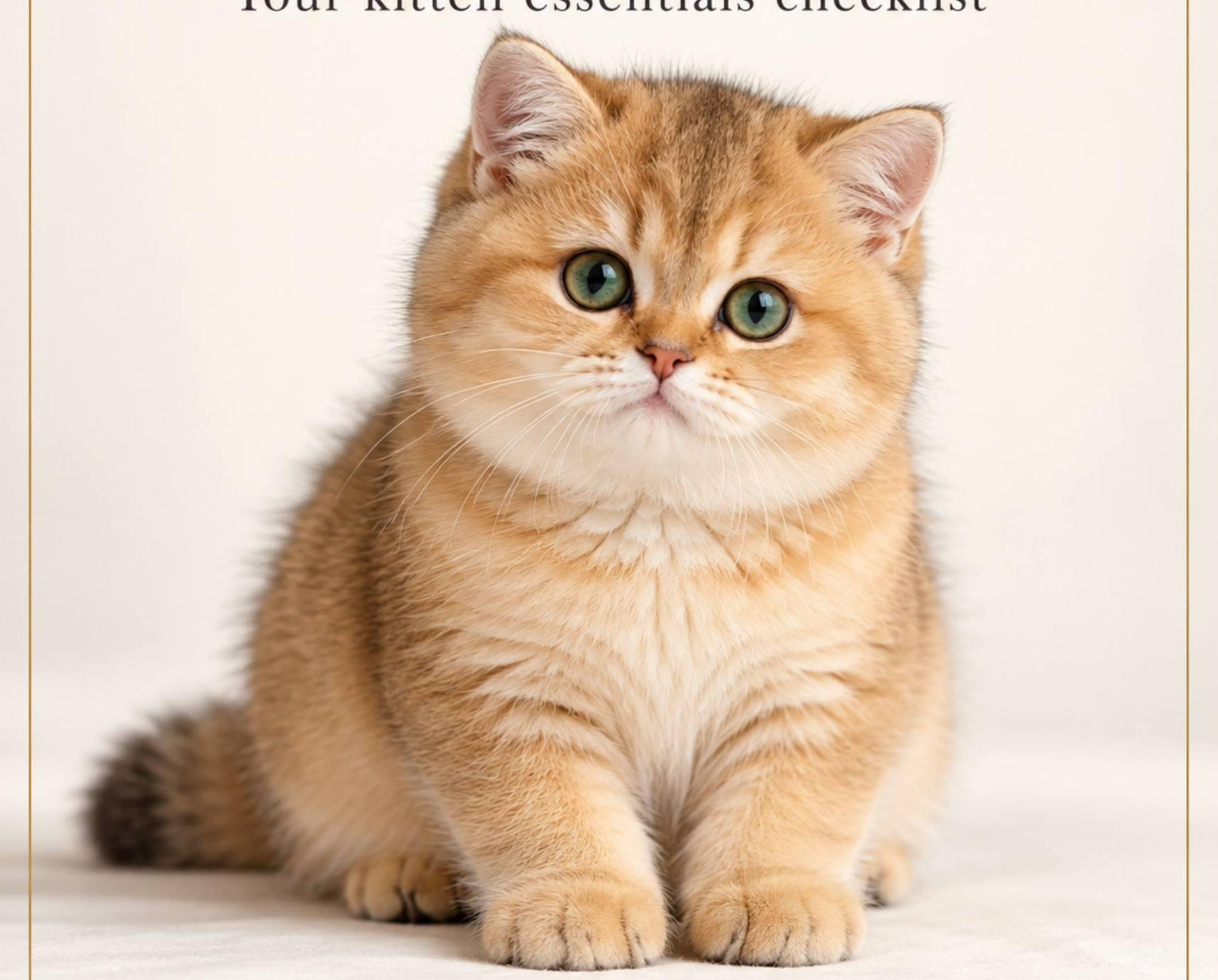
VLASTAR LUX LONDON

Little paws. A big arrival.

Your kitten essentials checklist



@Vlastar_Lux_London

KITTEN ESSENTIALS BUYER GUIDE

OUR FAVOURITE KITTEN ESSENTIALS

These recommendations are not linked to any affiliate marketing programme.

FOOD | OUR EVERYDAY FEEDING ROUTINE

DRY FOOD

We feed **Purina ONE Kitten Chicken** in our mixed kitten-and-adult household. Other premium brands, such as Royal Canin, are also suitable: choose a complete kitten formula. Kitten food has smaller kibble and more calories to support growth.



Kitten formula



Adult: from 1 year

We leave dry food available for grazing between wet meals. At home, measure the daily allowance and account for wet food too. Around one year, gradually switch from kitten to adult dry food.

Shop Purina ONE Kitten

WET FOOD

Wet food supplies nutrients and moisture, contributing to daily water intake. Fresh drinking water should always be available. We use Nutriment as our staple, with Applaws or Encore for variety.



Applaws Fish Selection

Fish recipes in broth.
View on Amazon



Encore Finest Selection

Chicken and fish recipes.
View on Amazon

In our cattery, these recipes add variety alongside Nutriment. They can replace it if complete kitten food remains the main diet; complementary food should supply no more than 10% of daily calories. Check age suitability.

If you are going to introduce new brands of food, introduce their new diet gradually.

NUTRIMENT RAW FOOD

Nutriment is a carefully prepared raw cat food inspired by cats' natural prey-based diet. We choose **chicken and beef, in 500 g packs**.





Chicken 500 g | Beef 500 g

We serve wet food around **7-8 am and 5 pm**. For young kittens, offer smaller portions **4-5 times a day**, dividing the daily allowance between meals.

Portion example: one quarter of a 500 g pack is 125 g. Divide the daily amount into age-appropriate meals. This is not a fixed allowance: adjust to age, weight, growth and other food, following the manufacturer's kitten guidance.

Storage: keep frozen, thaw in the fridge and follow the pack's storage and use-by instructions. Wash hands, utensils and bowls after handling raw food; remove uneaten raw food promptly.

YOUR FREE 5 KG TRIAL

1. Ask us for your **unique customer code**.
2. Open a Nutriment account. Our trial process asks for your details and a payment card; check the current terms.
3. Call **01276 63554** to order the trial and quote your code. Do not enter it at online checkout.
4. Request **500 g cat-food packs of chicken and beef**, rather than 175 g packs. Confirm availability and any delivery charge when calling.

Food arrives frozen. Afterwards, choose no further orders, one-off purchases or a subscription.

We receive a standard 20% breeder discount, independent of your purchases, and no referral payment.

KITTEN ESSENTIALS BUYER GUIDE

OUR FAVOURITE KITTEN ESSENTIALS

WATER & FOOD BOWLS

FRESH WATER, EVERY DAY

Always provide fresh drinking water, even when your kitten eats wet food. Some cats and kittens enjoy moving water; others are happy with a bowl.



APETDOLA cordless water fountain

The 4 litre, battery-operated fountain option provides moving, filtered water. Check the selected model and included filters before ordering.

View fountain on Amazon
Alternative fountain listing

A WATER BOWL IS FINE TOO

A bowl is perfectly fine if you **change the water daily and keep the bowl clean**. Refresh it sooner if food or debris gets in. Place water away from the litter tray and separately from food.

Introduce a fountain gradually, keeping a familiar water bowl available. Clean the fountain and pump regularly, and replace filters as the manufacturer directs.

FOOD BOWLS

Simple stainless-steel bowls are practical for everyday feeding and easy to keep clean.

Shallow 304 stainless-steel dishes



Two durable stainless-steel dishes for wet food. Their low, vertical sides allow easy access and help keep food in the bowl, reducing spillage. More food for your cat and less cleaning up for you!

Shop the 304 stainless-steel dishes

PEGGY11 bowls for dry food



Two 1.44 litre stainless-steel bowls with nonslip bases, listed as dishwasher safe. We find this size useful for one cat's dry-food grazing bowl.

Keep it topped up so your cat can eat when hungry. In our experience, our cats graze without overeating, although individual cats may need their intake managed.

Shop the PEGGY11 bowls

Wash wet-food dishes after each meal, especially after raw food. Wash dry-food bowls regularly and dry them before refilling.

"Many cats like the movement and freshness of flowing water."

Cats Protection: drinking tips

"Many cats like to drink running or moving water."

International Cat Care: drinking guide

KITTEN ESSENTIALS BUYER GUIDE

OUR FAVOURITE KITTEN ESSENTIALS

LITTER & CLEAN-UP

LITTER TRAYS

Choose a tray your kitten can enter easily, with enough room to turn around comfortably.

Yangbaga stainless-steel tray



The side entrance helps reduce litter spillage. If you have the room or can tuck it away discreetly, this open, high-sided stainless-steel tray is our favourite.

View on Amazon

Vivifying stainless-steel tray



Another stainless-steel option with a side entrance. Check the selected size and included accessories.

View on Amazon

PETKIT automatic option



An automatic litter-box option we've used that works well, though there are plenty to choose from. Introduce it gradually and keep a familiar tray available.

View on Amazon

Before using automatic cleaning, follow the manufacturer's kitten age, weight and operating instructions. PETKIT guidance

LITTER CHOICES

Ever Clean · good value



Our low-dust option for everyday use.
Approx. £15 / 10 L

View on Amazon

Olive Scoop · premium choice



A favourite premium litter, marketed as 100% dust-free.
Approx. £24 / 8 L

View on Amazon

CLEAN-UP ESSENTIALS

Fine-mesh scoop & holder



The fine mesh catches the little bits. The scoop fits inside the poo bag to help prevent spills when transferring waste.

View on Amazon

Beco waste bags



Unscented bags for collecting scooped litter and waste. Keep a roll beside your scoop.

View on Amazon

Prices are approximate guide prices and may change. Check the selected size, model and pack contents before ordering.

KITTEN ESSENTIALS BUYER GUIDE

OUR FAVOURITE KITTEN ESSENTIALS

PLAY & SCRATCHING

A scratching surface and a few toys are a good starting point. Choose from our favourites below.

EHEYCIGA scratching board



An L-shaped cardboard scratcher with a ball toy. We love its 68 cm height, which lets cats stretch fully while using it.

View on Amazon

Amazon Basics scratching post



A 90 cm scratching post with a wooden base, in brown.

View on Amazon

ROSAUI teaser wand



Our recommended wand for playing together.

View on Amazon

GoldenSun interactive toy



A three-in-one interactive cat toy from our favourites list.

View on Amazon

Supervise play with strings, feathers and small parts, and put wand toys away afterwards. Check toys regularly and replace damaged items.

VLASTAR LUX
LONDON

KITTEN ESSENTIALS BUYER GUIDE

OUR FAVOURITE KITTEN ESSENTIALS

GROOMING & EVERYDAY CARE

A few useful essentials for a clean coat, tidy paws and gentle everyday care.

Earth Rated eye wipes



Fragrance-free wipes for gently cleaning dirt and discharge from the fur around the eyes. Use a clean area for each eye and avoid direct contact with the eyeball.

View on Amazon

Earth Rated everyday wipes



Our "everywhere else" wipes for quick clean-ups of paws, coat and bottoms. These fragrance-free wipes are handy between baths; keep eye wipes for the eye area.

View on Amazon

FURminator • short hair



The short-hair option for British Shorthairs. Helps remove loose undercoat hair. The small size shown is for cats under 4.5 kg; choose the right size as your cat grows.

View on Amazon

FURminator • long hair



Choose this version for a long-haired cat, such as a British Longhair. The small size shown is for cats under 4.5 kg. Match the tool to your cat's coat type and size.

View on Amazon

KEEP GROOMING GENTLE

Use light strokes on a dry, tangle-free coat; avoid repeated passes over one area. Follow the product instructions and stop if your cat seems uncomfortable. Spot-test new wipes on a small area first.

KITTEN ESSENTIALS BUYER GUIDE

OUR FAVOURITE KITTEN ESSENTIALS

TRAVEL & COMFORT

Two carrier options and a soft blanket to help your kitten travel comfortably.

Hard-sided carrier

OUR PREFERRED OPTION



Our preferred option for safety: a sturdy, secure carrier with room for a comfortable cat cushion or familiar bedding. The top and bottom halves separate and nest together for easier storage.

View on Amazon

Soft-sided carrier



A convenient, collapsible alternative. Roll-down flaps provide privacy and reduce outside distractions, which may help your kitten feel more settled. Keep ventilation panels sufficiently open for good airflow.

View on Amazon

Soft paw-print blankets



A soft, cosy lining for either carrier. Fold a blanket to fit the base neatly, leaving your kitten plenty of room to sit, turn and lie comfortably.

Choose a suitable size for your carrier. A familiar blanket from home is a lovely finishing touch.

View on Amazon